### **Chairman – Dennis Lengle**

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#### Winter Trap Dates (5 shoots)

November 17, 2019 (Third Sunday) December 15, 2019 (Third Sunday) January 19, 2020 (Third Sunday) February 16, 2020 (Third Sunday) March 15, 2020 (Third Sunday)

## Start Time – 12:00 Noon Only continuous, steady rain or <u>extreme icy conditions</u> is a deterrent. Snow or snow showers have not been a problem. Ending Time – Approximately 3:00 p.m.

**Program:** Weather and temperature is an unlikely factor. Expect Trap 1 and Trap 2 to be operational at 12:00 Noon. Group or individual practice is encouraged. Work those difficult trap stations. No score sheets. No participation awards or otherwise. Bragging rights only!

Food: "Hors d'oeuvres (finger food or chili)"

Cost: Not a League. "Pay as you go."

BWC Members 25 birds - \$2.50 (Guests - \$3.50)

#### **BWC Guests - Winter Trap Shooters:**

Guest shooters (non immediate family/friends) who are familiarized with trap shooting protocol/safety are welcome to participate in Winter Trap. Act as their instructor/coach or safety officer on the line, as necessary.

# Notes of Bob Palmer, "Own the Zone" <u>Trap & Field Magazine</u>, October 2017. Palmer is CEO of SportsExcel, Inc. and author of book, <u>Mind vs. Target</u>.

"Trap has a score-based happiness factor and most people in the winter will be terribly unhappy with their scores. Set different expectations for off-season shooting . . . have more fun on even the bad-weather days by putting more emphasis on enjoying the social side than on the competitive side."

#### BREAK THE CURSE OF WINTER SHOOTING AND HAVE FUN DOING IT!